

**Community Bariatric Surgeons**  
**Email: [cconwell@ecommunity.com](mailto:cconwell@ecommunity.com)**

## **PATIENT INFORMATION PROFILE**

### **Keith E McEwen MD**

9669 East 146th Street  
Suite 340  
Noblesville IN 46060-4303

Telephone: 317-621-2500 Fax: 317-621-2503

#### **OPTIONS:**

**Scan packet to: [cconwell@ecommunity.com](mailto:cconwell@ecommunity.com)**

**Fax packet to: 317-621-2503**

Before submitting Precertification paperwork to an insurance carrier, we must complete the following appointments as required by all insurance carriers (some carriers require additional items):

- 1) Surgeon Consult
- 2) Initial Dietary Consult
- 3) Initial Psychological Consult

**Medicaid Insurance** (HIP, Traditional) requires six month supervised weight loss prior to submission, medical clearance, and smoking cessation for 6 months.

We provide **6 months** of Supervised Weight Loss Classes to help patients meet insurance and program guidelines at no cost to our patients. Longer than 6 months or in-depth individual counseling may be additional.

OUR STAFF WILL VERIFY BENEFITS WITH YOUR CARRIER AND HELP YOU NAVIGATE TO MEET THE REQUIREMENTS AND INFORMATION THAT YOUR CARRIER PROVIDES TO US.



Legal Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Date Of Birth \_\_\_\_\_

Preferred Name to Be Called: \_\_\_\_\_ Age: \_\_\_\_\_ Email Address: \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_ EXT \_\_\_\_\_ CELLPHONE \_\_\_\_\_

PATIENT'S SOCIAL SECURITY# \_\_\_\_\_ PATIENT'S EMPLOYER \_\_\_\_\_

PRIMARY Physician's Name: \_\_\_\_\_ Physician's Telephone # \_\_\_\_\_

SPOUSE OR Guarantor's Name (AS APPLICABLE) \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

Guarantor's Social #if necessary for insurance: \_\_\_\_\_ EMERGENCY CONTACT & NUMBER (NOT LIVING WITH YOU) \_\_\_\_\_

*I understand that community bariatric surgeons. (Dr. Keith E. McEwen, M.D., Community Hospitals Indiana.) will contact me at the above telephone numbers regarding appointment scheduling, test results, and other information, unless I request, in written format, an alternative method to be used.*

**INSURANCE INFORMATION:** If you want us to verify benefits- we need this portion completed. We can scan card at office.

**INSURED'S (SUBSCRIBER) INFORMATION (PERSON CARRYING INSURANCE ON ABOVE PATIENT)**

INSURED'S NAME (Subscriber) \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

SOCIAL SECURITY# \_\_\_\_\_ RELATIONSHIP: SPOUSE PARENT GUARDIAN

INSURED'S EMPLOYER \_\_\_\_\_ INSURED'S WORK# \_\_\_\_\_

EMPLOYER'S ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

INSURANCE NAME \_\_\_\_\_ Insurance ID# \_\_\_\_\_ Group Number: \_\_\_\_\_

MEMBER SERVICES Telephone# \_\_\_\_\_ Precertification Telephone # \_\_\_\_\_

**IS THERE SECONDARY/SUPPLEMENTAL INSURANCE? YES OR NO**

INSURED'S NAME (Subscriber) \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

INSURANCE NAME \_\_\_\_\_ Insurance ID# \_\_\_\_\_ Group Number: \_\_\_\_\_

MEMBER SERVICES Telephone# \_\_\_\_\_ Precertification Telephone # \_\_\_\_\_

**Please note- smoking cessation is required upon entering the program. Many insurance carriers require a nicotine test. Please discuss this with our nurse or dietitian.**

I hereby authorize my insurance carrier, Medicare, supplemental carrier, or worker's compensation carrier to pay COMMUNITY HOSPITAL INDIANA for services rendered to me. I authorize COMMUNITY HOSPITALS OF INDIANA to release my personal health information to only those parties entitled to my information such as, other physicians, insurance carriers, Medicare and treating facilities. I read or have been offered or given a copy of COMMUNITY HOSPITALS OF INDIANA, HIPAA/privacy act compliance form effective 4/1/2002.

**NIH guidelines for Lap Band- YOUR INSURANCE CARRIER MAY HAVE OTHER STIPULATIONS.**

BMI of 30-34 with 1 co-morbid condition. (Hypertension, sleep apnea, diabetes, cardiac issues)

BMI of 35 or above with no co-morbid conditions.

Orbera BMI of 30-39 only – Orbera IS NOT covered by insurance

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

Printed Name \_\_\_\_\_

Staff Signature \_\_\_\_\_

Date \_\_\_\_\_

Legal Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Date Of Birth \_\_\_\_\_

# Health Information

Do you have ALLERGIES? Yes  No

If Yes, list allergy & the reaction (breathing, swelling, rash, etc)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

History of Previous Surgeries Yes  No

If yes, list:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Approximate Height \_\_\_\_\_

Approximate Weight \_\_\_\_\_

List of Medications: \_\_\_\_\_

Staff total

BMI

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Alcohol Abuse (within past 12 months) Yes  No

Anemia Yes  No

Asthma Yes  No

**Autoimmune Disease** Yes  No

Lupus Yes  No

Crohn's Disease Yes  No

MS (multiple sclerosis) Yes  No

HIV Yes  No

Rheumatoid arthritis Yes  No

Infectious Disease Yes  No

Bleeding and/or clotting Disorder Yes  No

Clot (PE) Pulmonary Embolism Yes  No

COPD Yes  No

Cirrhosis of the Liver Yes  No

**Diabetes** Yes  No

Type 1 Yes  No

Type 2 Yes  No

History of Diabetes when Pregnant Yes  No

**Esophageal or Gastric Varices** Yes  No

GERD or REFLUX Yes  No

**Heart Disease** Yes  No

Hepatitis or Liver Disease Yes  No

**High Blood Pressure (HTN)** Yes  No

High Cholesterol or Lipids Yes  No

History of Cancer Yes  No

History of Chronic Pancreatitis Yes  No

Arthritis Yes  No

Back pain Yes  No

Hip Pain Yes  No

Knee Pain Yes  No

Foot pain Yes  No

Lower Leg Swelling Yes  No

History of Stroke Yes  No

History of Nausea with Anesthesia Yes  No

History of problems with Anesthesia Yes  No

Kidney or Renal Disease Yes  No

Neurological disease Yes  No

Urinary Disorder Yes  No

History of Depression Yes  No

History of Mental Disorder Yes  No

History of Physical Disability Yes  No

History of Illicit Drug Use Yes  No

**Portal Hypertension** Yes  No

Seizure History or Epilepsy Yes  No

**Sleep Apnea** Yes  No

Do you use a CPAP Yes  No

Steroid use in past 2 months Yes  No

TB (tuberculosis) Yes  No

**Tobacco Use current:** Yes  No

\*\*smoking cessation is required

If prior use: #PPD? \_\_\_\_\_ How Long? \_\_\_\_\_

ULCER history (gastric or Duodenal) Yes  No

Staff Notes for Positive Answers  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Patient Signature \_\_\_\_\_

Printed Name \_\_\_\_\_

Staff Signature \_\_\_\_\_

Date \_\_\_\_\_

Date \_\_\_\_\_

Legal Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Date Of Birth \_\_\_\_\_

## GASTROESOPHAGEAL REFLUX / INDIGESTION HISTORY/GERD

Do you have a history of heartburn or indigestion? Yes No Details: \_\_\_\_\_  
 If yes, how often do you have reflux during the day? Daily Weekly Occasionally  
 If you have reflux at night, how often, Nightly Weekly Occasionally  
 What aggravates or causes your reflux? Details: \_\_\_\_\_  
 Do you have difficulty swallowing? Yes No Details: \_\_\_\_\_  
 Does food ever become stuck? Yes No Details: \_\_\_\_\_  
 Do you suffer from a persistent cough at night? Yes No Details: \_\_\_\_\_  
 Please list any treatments you may use for reflux/heartburn or indigestion: \_\_\_\_\_  
 Have you had an ENDOSCOPY (scope) recently? Yes No Details: \_\_\_\_\_

## SOCIAL PROFILE

Children/Ages: \_\_\_\_\_  
 Support persons/friends: \_\_\_\_\_

FAMILY HISTORY	MOTHER	FATHER	BROTHER/ SISTER	CHILD	NO FAMILY HISTORY
Asthma					
Diabetes					
Fatty liver disease (NAFLD)-non-alcoholic					
Gallstones/gallbladder disease					
Heart Disease					
Hypertension					
Obesity					
Osteoporosis					
Snoring/sleep Apnea					

### FEMALES ONLY: (please circle)

Have you had a tubal ligation? Yes or No Have you had a hysterectomy? Yes or No  
 Do you have regular periods (26 - 33 days)? Yes or No Do you currently have problems with infertility? Yes or No  
 Do you have problems with excessively heavy periods? Yes, or No Have you had difficulty in conceiving in the past? Yes or No  
 Have you suffered from excess body hair or acne? Yes or No Do you have polycystic ovarian disease PCOD? Yes or No

### Where did you hear about our program or DR. McEwen?

TV program \_\_\_\_\_ Internet: \_\_\_\_\_  
 Facebook \_\_\_\_\_ Friend: (please include name) \_\_\_\_\_  
 Newspaper or Brochure \_\_\_\_\_ Physician: \_\_\_\_\_  
 If a physician referred, please complete Referring Doctor: \_\_\_\_\_  
 Telephone#: \_\_\_\_\_ Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

What has been your biggest obstacle to moving forward with Lap Band System® or Bariatric Surgery: (circle all that apply):

Fear of Weight Loss Surgery Fear of "never being able to eat and enjoy"  
 Awareness of a person that had a "bad" result Stigma of Weight Loss Surgery (afraid others will judge your decision)  
 Lack of Physician Support and/or Lack of Family Support Insurance coverage and/or financial concerns  
 Fear of Failure

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Printed Name \_\_\_\_\_  
 Staff Signature \_\_\_\_\_ Date \_\_\_\_\_

## PATIENT AGREEMENT TO PARTICIPATE- Behavior Contract

Bariatric surgery is major step towards improving your health and wellness. This agreement outlines the **minimum** requirements necessary to undergo bariatric surgery and be successful in your weight loss journey. Your surgery and overall success depends on your compliance with the following program requirements:

- We consider your day of consult as the first step in making a commitment to weight loss.** You will be working closely with the bariatric team to help you through this process. If you fail to lose weight prior to surgery, we may determine you need further education and/or additional therapy before proceeding.  
**Per our program requirements, industry standards, and many insurance policies, we reserve the right to postpone your surgery if weight gain occurs.**
- Complete all required appointments, pre-op classes, and education.**
  - The pre-op nutrition and behavioral skills classes will provide vital information including nutrition, exercise, and behavioral modifications. Many are at NO COST and on many different days during the month for your convenience. They are a requirement for insurance approval and program requirements.
  - You must commit to attending at least (2) TWO REGULAR support groups prior to surgery.
  - Please give 24 - hour notice if you need to cancel an appointment. If you cancel late (within 24 hours) or do not show for an appointment two (2) times, you will be discharged from our program.**
- Follow the nutrition and exercise guidelines prescribed by the bariatric team.** Understand that you will be on a weight loss regimen, and you must demonstrate appropriate weight loss efforts through compliance with the recommended guidelines. You must complete a food and activity log. Your log will be reviewed at appointments. You must commit to participation in daily physical activity as designated by the bariatric team.
- We REQUIRE a 2% weight loss in addition to any BMI requirements.** Our RD (Registered Dietitian) will provide you with these recommendations in writing at your initial meeting.
- Commit to understanding and completing the requirements of the clinical psychologist. If recommendations are made, a copy of these recommendations will be given to you and it is your responsibility to complete all recommendations prior to being given a surgery date.** In addition, you must comply with the recommended behavioral modifications learned in class.
- If you use tobacco products, please stop now. Our program, as well as many insurance policies, mandate that patients are tobacco free for at least three to six months prior to surgery.** Many carriers require lab screenings. If you have positive results, your insurance will deny approval and your surgery postponed. If you need assistance, please consult your primary care physician or the bariatric team for further information on cessation programs.
- If you take illegal substances, many carriers require screenings. Please discuss with our clinical staff.
- The Lap Band System requires routine follow up care. It is a lifelong commitment to have weight loss surgery.
- Please acknowledge that you will be able to follow up monthly for the first 12 months then every quarter to six months depending on physician recommendations as long as you have a Lap Band System.

I understand that if I do not complete and comply with the requirements made by the bariatric team, I could jeopardize my health, weight loss success, or my suitability as a candidate for surgery. I understand that bariatric surgery is only a tool and will not guarantee my weight loss. I understand that these requirements continue as a lifetime commitment. I accept personal responsibility for my success. I understand my results will be a product of using the tools that I will be given. I understand and agree that if I have difficulties, I will initiate follow up as recommended by the bariatric team.

By signing below, you are agreeing to proceed with our program and that you understand your participation and commitments.

Patient Signature \_\_\_\_\_  
Printed Name \_\_\_\_\_  
Staff Signature \_\_\_\_\_

Date \_\_\_\_\_  
Date \_\_\_\_\_

Legal Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Date Of Birth \_\_\_\_\_

**WEIGHT LOSS HISTORY ATTEMPTS** circle please

- |                            |                |                 |                      |
|----------------------------|----------------|-----------------|----------------------|
| Adipex                     | Atkin's        | Cabbage Soup    | Dexatrim             |
| Gloria Marshall            | Grapefruit     | Herbalife       | Hoodia               |
| Jenny Craig                | Low Calorie    | Low Fat         | Mayo Clinic          |
| Meridia                    | NutriSystem    | Optifast        | Overeaters Anonymous |
| Physician Weight Loss      | Prozac         | Redux           | Phentermine          |
| Richard Simons-Deal a meal | Slim Fast      | South Beach     | Fen Phen             |
| Sugar Busters              | Suzanne Somers | Weight Watchers | Xenical              |
| Zone Diet                  | LA weight loss | Tburner         | Other: _____         |

What was **the most weight** that you lost or range of Weight loss with the before mentioned methods? \_\_\_\_\_

How long has your weight been a problem: \_\_\_\_\_

What is your personal weight loss goal: \_\_\_\_\_

Do you have any food allergies or intolerances: \_\_\_\_\_

Have you had any nutritional deficiencies in the past: \_\_\_\_\_

Do you currently take any vitamins, minerals, and/or herbal supplements? \_\_\_\_\_

Current Intake:

Number of Meals per day: \_\_\_\_\_

Snacking Behavior: \_\_\_\_\_

Type of Beverages: \_\_\_\_\_

Eating out- Frequency and Location: \_\_\_\_\_

Cravings and/or trigger foods: \_\_\_\_\_

Exercise:

Type, frequency per week, and duration: \_\_\_\_\_

What is patient perception of exercise: \_\_\_\_\_

Email Address: \_\_\_\_\_

Staff Use Only: Dietary Consultation Date: _____ Height _____ Weight _____ Age: _____ BMI _____
Areas to Change: 3 meals per day Snacking Exercise Beverages- Carbonated      Caffeinated      Alcohol Patient's 2% goal _____ Patient's BMI goal if necessary _____
Additional Items: _____ _____ _____
RD Signature: _____ Date: _____

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

Printed Name \_\_\_\_\_

Staff Signature \_\_\_\_\_

Date \_\_\_\_\_

Legal Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Date Of Birth \_\_\_\_\_

## AUTHORIZATION FOR RELEASE OF MEDICAL INFORMATION

\* give this to your Primary Care Physician

I give my permission to release my medical information to Community Bariatric Surgeons, Community Hospital Indiana, and Keith E. McEwen, M.D.

Release the following information:

- The medical record pertaining to weight loss:
  - One weight (preferably the highest) for the PAST 5 YEARS
  - Any Consecutive Weight Loss appointments of counseling for weight, and/or use of prescription weight loss drugs
  - Pertinent Lab Results from the last 12 months (A1C, Thyroid, Glucose, ETC)
  - EKG or Stress Test from last 12 months
  - Cardiac Results or Studies
  - Diabetic Results or Counseling
  - Any Endoscopy from the last 3 years
- Other \_\_\_\_\_

I hereby authorize release of such information to the above to include any and all medical records concerning my medical history, physical condition, diagnoses, treatment and/or prognosis, including X-rays and other diagnostic reports, as well as, any information contained in my medical reports or records that relate to treatment and/or history of psychiatric or mental health problems, drug or alcohol abuse problems, dangerous or any communicable diseases, including AIDS or tests for infection with HIV, any other information related to my treatment.

This information is being requested for the following purpose:

Appointment with Dr Keith McEwen (Community Bariatric Surgeons) in regards to Weight Loss Surgery (Lap Band System®)

This release shall apply to any and all data listed above unless otherwise indicated by the patient as follows:

Do not release information contained in my record regarding:

\_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Release only records for the dates of \_\_\_\_\_ through \_\_\_\_\_

Patient/Consenting Party Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Guardian or Legal Representative if patient under 18 years old)

A photocopy of a signed authorization is acceptable, providing that it is apparent that following the photocopying of the authorization on line the signature or the date is not added. This authorization is valid for sixty (60) days after the date of this request is made, unless otherwise stated. I understand this consent can be revoked at any time to the extent that disclosure is made in good faith has already occurred in reliance on this consent.

**Telephone: 317-621-2500**

**Fax: 317-621-2503**

Mailing Address:

**Community Bariatric Hamilton-Keith McEwen MD  
9669 East 146<sup>th</sup> Street #340  
Noblesville IN 46060**

Patient Signature \_\_\_\_\_  
Printed Name \_\_\_\_\_  
Staff Signature \_\_\_\_\_

Date \_\_\_\_\_  
Date \_\_\_\_\_